

7th Spring Meet 2010 01/05/2010 to 02/05/2010

Programme of events

Session: 1 Saturday Morning Starts at 09:30 AM

Round	Event
Finals	1 Girls 10 & Over 200 IM
Finals	2 Boys 10 & Over 200 IM
Finals	3 Girls 10 & Over 100 Breaststroke
Finals	4 Boys 10 & Over 100 Breaststroke
Finals	5 Girls 10 - 13yrs 50 Backstroke
Finals	6 Girls 14 & Over 50 Backstroke
Finals	7 Boys 10 -14yrs 50 Backstroke
Finals	8 Boys 15 & Over 50 Backstroke

Session: 2 Saturday Afternoon Starts at 02:00 PM

Round	Event
Finals	9 Girls 10 & Over 400 Freestyle
Finals	10 Boys 10 & Over 400 Freestyle
Finals	11 Girls 10 - 13yrs 50 Butterfly
Finals	12 Girls 14 & Over 50 Butterfly
Finals	13 Boys 10 - 14yrs 50 Butterfly
Finals	14 Boys 15 & Over 50 Butterfly
Finals	15 Girls 10 & Over 200 Butterfly
Finals	16 Boys 10 & Over 200 Butterfly

Session: 3 Saturday Evening Starts at 05:30 PM

Round	Event
Finals	17 Boys 10 & Over 200 Freestyle
Finals	18 Girls 10 & Over 200 Freestyle
Finals	19 Boys 10 & Over 100 Butterfly
Finals	20 Girls 10 & Over 100 Butterfly

Session: 4 Sunday Morning Starts at 09:30 AM

Round	Event
Finals	21 Boys 10 & Over 100 Backstroke
Finals	22 Girls 10 & Over 100 Backstroke
Finals	23 Boys 10 - 14yrs 50 Breaststroke
Finals	24 Boys 15 & Over 50 Breaststroke
Finals	25 Girls 10 - 13yrs 50 Breaststroke
Finals	26 Girls 14 & Over 50 Breaststroke
Finals	27 Boys 10 & Over 100 IM
Finals	28 Girls 10 & Over 100 IM

Session: 5 Sunday Afternoon Starts at 02:00 PM

Round	Event
Finals	29 Girls 10 & Over 400 IM
Finals	30 Boys 10 & Over 400 IM
Finals	31 Girls 10 - 13yrs 50 Freestyle
Finals	32 Girls 14 & Over 50 Freestyle
Finals	33 Boys 10 - 14yrs 50 Freestyle
Finals	34 Boys 15 & Over 50 Freestyle
Finals	35 Girls 10 & Over 200 Backstroke
Finals	36 Boys 10 & Over 200 Backstroke

Session: 6 Sunday Evening Starts at 05:30 PM

Round	Event
Finals	37 Girls 10 & Over 200 Breaststroke
Finals	38 Boys 10 & Over 200 Breaststroke
Finals	39 Girls 10 & Over 100 Freestyle
Finals	40 Boys 10 & Over 100 Freestyle

All events are Heat Declared Winner

Girls	Ages	10	11	12	13	14	15/0						
Event		ET	QT	ET	QT	ET	QT						
Event 1 Girls 200 IM		4:05.00	3:28.20	3:38.60	3:10.90	3:20.50	2:59.50	3:07.90	2:50.90	3:02.40	2:46.90	3:00.30	2:44.60
Event 3 Girls 100 Brst		2:08.00	1:49.40	1:53.60	1:39.50	1:43.60	1:32.80	1:36.70	1:28.10	1:33.30	1:25.40	1:32.40	1:24.50
Event 5 & 6 Girls 50 Back		UQT	UQT	UQT	UQT	UQT	UQT	UQT	UQT	39.50	36.30	39.00	35.70
Event 9 Girls 400 Free		7:37.00	6:28.50	6:45.10	5:53.40	6:09.80	5:30.40	5:46.60	5:14.80	5:37.00	5:08.00	5:33.20	5:04.00
Event 11 & 12 Girls 50 Fly		UQT	UQT	UQT	UQT	UQT	UQT	UQT	UQT	37.80	34.70	37.30	34.20
Event 15 Girls 200 Fly		4:13.50	3:37.80	3:42.20	3:15.30	3:20.80	3:00.40	3:06.70	2:50.30	3:00.10	2:45.00	2:57.80	2:42.70
Event 18 Girls 200 Free		3:37.00	3:04.10	3:14.00	2:49.30	2:57.30	2:38.50	2:45.70	2:30.50	2:41.80	2:28.00	2:39.70	2:25.80
Event 20 Girls 100 Fly		1:53.20	1:36.90	1:39.90	1:27.70	1:31.20	1:21.80	1:25.20	1:17.70	1:22.60	1:15.70	1:21.80	1:14.80
Event 22 Girls 100 Back		1:53.20	1:36.60	1:40.30	1:27.80	1:31.20	1:21.70	1:25.90	1:18.20	1:23.30	1:16.30	1:22.00	1:15.00
Event 25 & 26 Girls 50 Brst		UQT	UQT	UQT	UQT	UQT	UQT	UQT	UQT	43.80	40.10	43.20	39.50
Event 28 Girls 100 IM		1:56.00	1:38.90	1:44.00	1:31.20	1:35.30	1:25.50	1:29.40	1:21.50	1:26.80	1:19.60	1:25.80	1:18.60
Event 29 Girls 400 IM		8:57.10	7:29.80	7:45.80	6:48.90	7:02.20	6:18.40	6:35.90	6:00.10	6:22.60	5:50.20	6:18.70	5:45.90
Event 31 & 32 Girls 50 Free		UQT	UQT	UQT	UQT	UQT	UQT	UQT	UQT	35.00	32.00	34.50	31.60
Event 35 Girls 200 Back		3:59.90	3:24.20	3:34.70	3:07.80	3:16.10	2:55.60	3:04.00	2:47.40	2:57.90	2:42.90	2:56.00	2:42.70
Event 37 Girls 200 Brst		4:34.70	3:54.70	4:04.60	3:34.20	3:42.50	3:19.60	3:27.80	3:09.30	3:20.80	3:04.00	3:19.40	3:02.50
Event 39 Girls 100 Free		1:41.00	1:26.00	1:29.40	1:18.10	1:21.80	1:13.20	1:17.10	1:10.10	1:15.10	1:08.80	1:14.20	1:07.80

Boys	Ages	10	11	12	13	14	15	16/0							
Event		ET	QT	ET	QT	ET	QT	ET	QT						
Event 2 Boys 200 IM		4:31.40	3:33.00	3:56.60	3:16.30	3:28.70	3:00.90	3:08.80	2:48.40	2:56.00	2:39.60	2:47.60	2:33.20	2:45.10	2:30.80
Event 4 Boys 100 Brst		2:20.60	1:51.30	2:02.10	1:41.70	1:47.20	1:33.10	1:36.30	1:26.00	1:29.80	1:21.50	1:25.60	1:18.30	1:24.10	1:16.90
Event 7 & 8 Boys 50 Back		UQT	UQT	UQT	UQT	UQT	UQT	UQT	UQT	UQT	UQT	35.60	32.80	35.00	32.10
Event 10 Boys 400 Free		8:23.80	6:33.20	7:17.90	6:01.20	6:26.90	5:34.40	5:50.80	5:12.20	5:29.10	4:57.90	5:15.10	4:47.90	5:09.70	4:42.60
Event 13 & 14 Boys 50 Fly		UQT	UQT	UQT	UQT	UQT	UQT	UQT	UQT	UQT	UQT	34.30	31.50	33.70	30.90
Event 16 Boys 200 Fly		4:40.40	3:43.30	3:59.50	3:19.70	3:29.00	3:02.20	3:08.80	2:48.90	2:54.30	2:38.30	2:45.30	2:31.50	2:43.20	2:29.30
Event 17 Boys 200 Free		3:59.40	3:07.40	3:29.20	2:53.20	3:04.00	2:39.20	2:46.50	2:28.40	2:35.60	2:21.00	2:28.50	2:15.80	2:26.70	2:13.90
Event 19 Boys 100 Fly		2:04.30	1:38.80	1:47.50	1:29.60	1:34.80	1:22.60	1:24.90	1:15.90	1:18.90	1:11.70	1:14.80	1:08.50	1:14.10	1:07.80
Event 21 Boys 100 Back		2:03.50	1:37.80	1:47.30	1:29.50	1:34.60	1:22.30	1:25.60	1:16.70	1:19.50	1:12.20	1:15.70	1:09.30	1:14.40	1:08.10
Event 23 & 24 Boys 50 Brst		UQT	UQT	UQT	UQT	UQT	UQT	UQT	UQT	UQT	UQT	39.70	36.40	39.10	35.80
Event 27 Boys 100 IM		2:06.80	1:39.90	1:52.00	1:33.60	1:39.20	1:26.50	1:29.30	1:19.90	1:22.50	1:15.00	1:18.90	1:12.40	1:17.10	1:10.60
Event 30 Boys 400 IM		10:05.90	8:00.70	8:25.70	7:00.20	7:22.10	6:23.40	6:40.30	5:57.00	6:13.10	5:38.40	5:54.90	5:24.60	5:49.70	5:19.30
Event 33 & 34 Boys 50 Free		UQT	UQT	UQT	UQT	UQT	UQT	UQT	UQT	UQT	UQT	31.60	29.00	31.00	28.40
Event 36 Boys 200 Back		4:26.80	3:30.20	3:51.30	3:12.20	3:23.40	2:56.40	3:04.30	2:44.60	2:51.90	2:35.90	2:43.20	2:29.30	2:41.10	2:27.30
Event 38 Boys 200 Brst		5:05.00	4:00.50	4:25.50	3:40.90	3:52.40	3:22.20	3:29.10	3:06.70	3:13.90	2:56.00	3:05.90	2:50.10	3:03.20	2:47.50
Event 40 Boys 100 Free		1:50.30	1:26.40	1:35.90	1:19.30	1:24.50	1:13.30	1:16.40	1:08.10	1:11.30	1:04.60	1:08.40	1:02.50	1:07.10	1:01.30

Level 4 Upper Qualifying Times

<u><i>Girls</i></u>	<u><i>10</i></u>	<u><i>11/12</i></u>	<u><i>13</i></u>
<i>50m Free</i>	38.50	34.70	33.30
<i>50m Back</i>	43.80	39.30	37.70
<i>50m Breast</i>	50.00	44.00	42.10
<i>50m 'Fly</i>	42.40	37.90	36.40

<u><i>Boys</i></u>	<u><i>10/11</i></u>	<u><i>12/13</i></u>	<u><i>14</i></u>
<i>50m Free</i>	35.90	32.10	30.40
<i>50m Back</i>	41.20	36.50	34.80
<i>50m Breast</i>	46.50	40.70	38.60
<i>50m 'Fly</i>	39.60	35.30	33.40

Swimmers times must be slower than the above to enter the 50m events for these age groups in the meet.